

Palm Springs Life

Best
of the
Best

73 DOCTORS IN 40 SPECIALTIES

Palm Springs Life

California's Prestige Magazine

**ANNUAL
MEDICAL
GUIDE**

TOP DOCTORS

As Chosen by Their Peers



July 2006 ■ \$3.95



0 74470 65398 1

RENATO CALABRIA, M.D., F.A.C.S.

Blending the Art of Beauty Making with the Science of Surgery

BY TRUDIE MITSCHANG

Dr. Renato Calabria is known as an innovator within his field. The sought-after plastic surgeon has offices in Beverly Hills, Rancho Mirage; and Rome, Italy, and is the architect of the revolutionary “One Stitch Face Lift” and the breakthrough “Vertical Face Lift.” His roster of international clientele includes celebrities and media personalities whose features are their fortunes — people who would not trust their most precious assets to anyone but Dr. Calabria. In addition to his skill and artistry, many former patients also cite the doctor’s warm bedside manner, humor and welcoming personality as a big draw for them. Quite simply, he knows how to make prospective patients feel comfortable.

No Down Time, Numerous Benefits

Dr. Calabria notes that trend toward minimally invasive facial rejuvenation procedures made the development of his “One Stitch Face Lift” a natural next step. The idea for the

procedure was prompted by an old Hollywood trick in which actresses used tape to pull slackened skin upward, taking great pains to hide the tape with hair or wigs. Dr. Calabria took the concept and developed a procedure that would accomplish the feat more permanently.

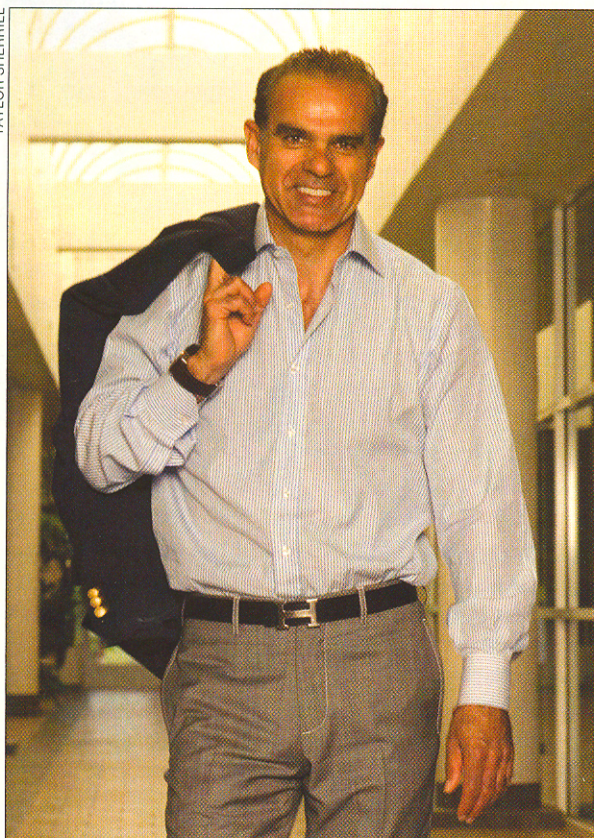
“The unique feature of the “One-Stitch Face Lift” is that it uses your own loose skin at the level of the sideburn, which has been de-epithelialized, tunneled, and anchored through another small incision in the temporal area,” he explains. “It’s a sort of a natural lift, without the insertion of any external threads that could possibly be palpable, get infected, or just give in. If you place your fingers on your cheeks and pull up, you can get an idea of what the effect will be.”

Dr. Calabria says that this is a great procedure for patients concerned about downtime. Considered a true lunchtime lift, it is performed under local anesthesia with no sedation — so you can drive yourself there and back with no problem!

“Many patients go back to work the next day,” says Dr. Calabria. “Swelling is minimal, and there is no bruising. The only area that shows any sign of surgery is the sideburn, and in a week or two it will be almost imperceptible.”

Adding that the “One-Stitch Face Lift” is proving to produce a longer-lasting result than the much-touted thread lift, Dr. Calabria says in the end it all comes down to technique.

TAYLOR SHERRILL



Dr. Renato Calabria

BOARD CERTIFICATION:

Diplomate of the American Board of Plastic Surgery
Fellow of the American College of Surgeons

ACADEMIC APPOINTMENT:

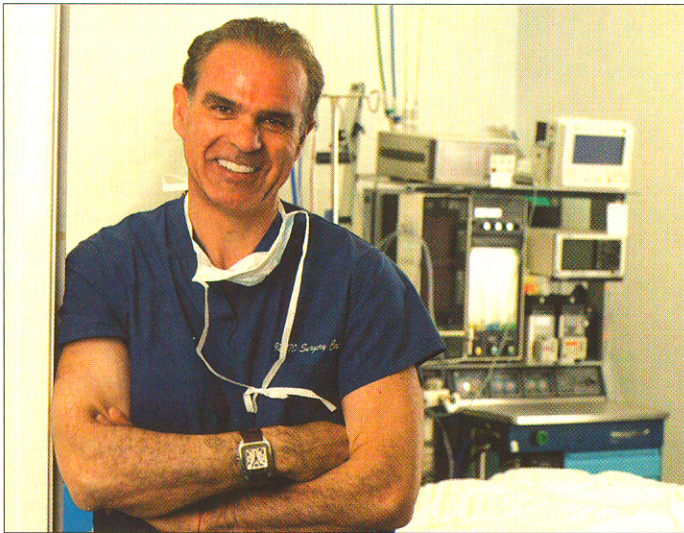
Voluntary Faculty Dept. of Plastic Surgery,
The University of Southern California

HOSPITAL STAFF APPOINTMENTS:

St. John’s Hospital Medical Center
Daniel Freeman Marina Hospital
Clinica Paideia, Rome
Clinica Villa Letizia, Milan

PROFESSIONAL SOCIETIES/MEMBERSHIPS:

Member, American Society of Plastic Surgery
Member, Los Angeles Society of Plastic Surgeons



Dr. Renato Calabria

"The technique is essential to creating a positive result," says the doctor. "And because this procedure uses the patient's own skin to anchor the lift and hold the tissue in place, the longevity of the result is vastly superior and results are more natural."

The Gravity Defying Face Lift

The other technique Dr. Calabria has made headlines with is the "Vertical Face Lift." This innovative procedure offers an effective alternative to the traditional face lift. Dr. Calabria explains that as one ages, gravity causes the facial tissues to droop. Traditional face lift surgery attempts to correct the problem by pulling in an unnatural, lateral direction, producing the so-called "wind-tunnel look."

"This new technique is considerably less invasive, safer, and results in a more natural look by reshaping the deeper facial tissues in a vertical vector, virtually eliminating any visible scars," says Dr. Calabria. "It only makes sense that if gravity is working to pull features down, the lift technique should do the opposite by pulling features up. The traditional method pulled the features back, which actually flattens the face and gives an unnatural 'tight' appearance."

The procedure is done through two tiny, inconspicuous incisions in the hairline and inside the mouth. The sutures are then carefully placed to suspend, reposition, and secure the facial tissues in a vertical, more youthful position. There is less bruising, and recovery time is reduced. This technique is also ideal for the patient with a previous face lift who has an unnatural, pulled-back look or the younger patient who does not want a traditional face lift or the visible scars it leaves on the face.

Dr. Calabria has been on the forefront of this revolutionary new procedure and his celebrated technique provides a three-dimensional approach to facial rejuvenation. He utilizes volumizers like fat grafting to fill out hollows and give the face more youthful contours. Similar techniques are also used to enhance the eye area, where the doctor is known for taking a conservative approach to cosmetic care.

"Often patients who undergo eyelid surgery come out looking overdone. The eyes become round rather than almond shaped, and look continually surprised," he explains. "The key is to combine techniques like an endoscopic brow lift to open up the eye area and avoid removing too much fat from the lower eyelid, which can produce an aging, hollowed-out appearance."

A true artist who always begins working with a patient with the end in mind, Dr. Calabria has been known to say no to patients who want procedures that are, in his opinion, not in their best interests.

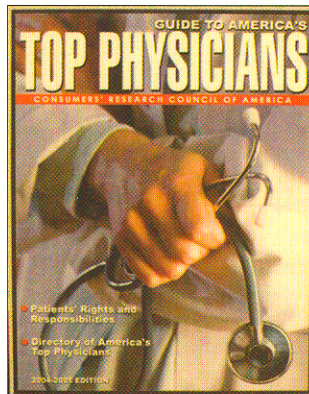
"I always say that a surgeon who can't say no either has too big of a mortgage or too many ex-wives!" he jokes.

As a leading expert in his field, Dr. Calabria has been featured on shows such as *Extra*, *Inside Edition*, *KTLA News*, *ABC News*, *CBS News* and *NBC News*, *The Insider*, *The Secret Life of Women*, *RAI Uno Mattina*. He has also been featured in the *Los Angeles Times*, *US Magazine*, *People Magazine*, *In Touch Magazine*,



Dr. Renato Calabria, M.D., receiving the 2005 "Physicians of the Year" Award from Congresswoman Virginia Foxx the National Republican Congressional Committee, NRCC Physicians Advisory Board.

Cosmopolitan, *Vanity Fair*, *Vogue*, *Glamour*, *Men's Journal*, *L.A. Confidential*, *Brentwood Magazine*, *Beverly Hills Times*, *More Magazine*, *National Enquirer*, *Cosmetic Surgery Magazine*, *LAFM*, *Westlake Magazine*, *Salute*, *INSIEME Together*, *BUNTE*, *Gente*, *La Repubblica*, and *L'Espresso*. In addition, Dr. Calabria has authored and co-authored numerous publications and is frequently called upon to lecture nationally and internationally.



Dr. Renato Calabria was featured in "Guide to America's Top Physicians"

DR. RENATO CALABRIA

71-511 Highway 111
Rancho Mirage, CA 92270
(760) 836-0077
www.drcalabria.com
www.verticalfacelift.com

Beverly Hills Location:
436 N. Bedford Drive
Beverly Hills, CA 90210
(310) 777-0069