

Health and Beauty Magazine

From the hills of Beverly (Beverly Hills) to the seven hills of Rome, Dr. Renato P. Calabria, graduated from the University of Padua and trained in Plastic and Reconstructive Surgery in California, has arrived in the Eternal City to hold a workshop at the University of Rome.

Topic: Innovative Procedure's "In Italy the Laser is used only rarely and instead in the United States is very popular because it is less invasive than a traditional facelift".

The Friendly Laser: It is Dr. Renato P. Calabria himself that explained to the readers of 'Health and Beauty Magazine' the innovative aspects of Laser Resurfacing: "It is a new technique that utilizes a CO2 Laser with a very short pulse that does not interfere with the thermal effect of the tissue, but rather it vaporizes the most damaged layer of skin acting not only on the wrinkles, but also on the collagen underneath, causing a regeneration of collagen fibers". "Once the damaged layers of skin are eliminated and the new cells are formed in the healing process, we create a fresher, more vibrant look with the skin appearing younger".

Away from the Scars: "This procedure does not use the traditional incisions like the facelift which often causes post-operative problems and side effects. In the initial phase, the patient will experience some redness, similar to a sunburn that actually will disappear in 2 to 3 weeks. The procedure works best for finer lines and wrinkles, especially around the eyes and mouth. The so called expression lines disappear 90% of the time. The Laser is also used to treat scars to Hyperpigmentation". This Italian in origin Plastic Surgeon, adopted in California, would like to point out: "The Resurfacing will give the face a fresher look, but, does not completely erase so the signs of aging".

For Many but Not for Everyone: Can everyone use this new technique? Dr. Calabria clarifies, "There are patients with a darker complexion in which the procedure needs to be done cautiously to avoid side effects like Hyperpigmentation and scarring. For this reason the surgeon needs to be extremely experienced in the use of the Laser".

There are No Age Limits: "As a matter of fact, in older persons when a facelift is not indicated, the Laser Resurfacing may be the answer because it is a lot less invasive. The laser can also very judiciously be used together with the facelift as the lift will help with the heavier lines and excess skin while the Laser Resurfacing work's on the finer lines".

The Laser is Pointed Overseas: and in Italy, "My impression is that there is a lot of interest for this technique to the point that I was asked to organize another workshop in Milan, this technique, once popularized here is going to be very successful". But why has this procedure that was born in the United States not arrived yet? "There are 2 factors: one is the cost of the Laser, which is very expensive (around 125 thousand dollars) the second: the Italian Plastic Surgeons are still inexperienced with the technique, that is why I am here to train them. What about the cost of the procedure? "It is less than a traditional facelift, clarifies Dr. Calabria, because the post-operative course is shorter".