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IN Touch



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DECEMBER 24, 2007

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TARA'S Scary skinny

New photos suggest that Tara Reid has lost 25 pounds, leading some to worry that she may have gone too far

Shocking photos of Tara Reid's skeletal figure in early December have raised new questions. After plastic surgery—including two boob jobs and liposuction—in the past two years, Tara, 32, appears to have resorted to another extreme to get the body she wants. "Tara kept turning to plastic

surgery to fix her body," says a friend. "She was never pleased with the results, so she finally decided to take matters into her own hands." But her dramatic weight loss could be her most startling transformation to date. A friend says Tara has been adhering to a strict 1,200-calorie-a-day diet combined with 90-minute cardio workouts every day.

Nutritionist Majid Ali, who does not treat the 5'5" star, estimates Tara's weight is currently around 95 pounds.

Surgical solution?

Tara's photos also suggest that she may have undergone more procedures. Looking at photos, Beverly Hills plastic surgeon Dr. Renato Calabria, who does not treat Tara,

suggests that she might have had lipo or a procedure to tighten loose skin on her legs. "She's absolutely lost weight all over," he adds. For friends of Tara, who also saw her lose a great deal of weight in 2001, it's troubling. "She clearly doesn't feel comfortable with herself," says a pal, "She looks frighteningly thin."

HER BODY NIGHTMARES NEVER END



FEBRUARY 2001

HAPPY AND HEALTHY

Weighing an estimated 120 pounds, Tara was at the peak of her career and was engaged to Carson Daly.



JULY 2006

BAD LIPOUSCTION

"I needed to get my body into top shape," says Tara, but her surgical short-cut to get a six-pack stomach backfired.



JULY 2006

BOTCHED BOOB JOB

Her implants were large Cs that left her breasts saggy and scarred. "The surgery came out terrible," Tara told CNN.



JULY 2007

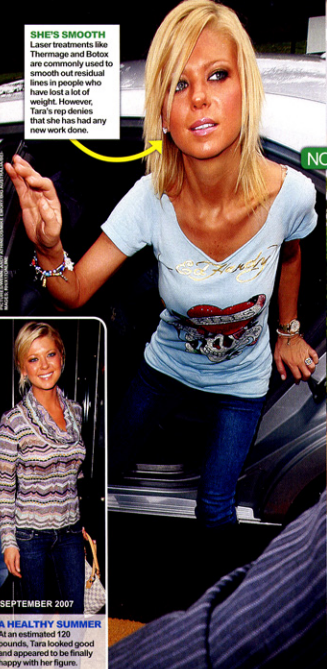
SHE TRIED TO FIX IT

Even after reconstructive surgery, "Tara was horrified at how bad she looked in some photos," says her friend.

SHE'S SMOOTH

Laser treatments like Thermage and Botox are commonly used to smooth out residual lines in people who have lost a lot of weight. However, Tara's rep denies that she has had any new work done.

PHOTOGRAPH BY JEFFREY MAYER FOR EW.COM. STYLING: JESSICA WATSON. HAIR: JENNIFER HARRIS FOR L'ORÉAL PARIS. MAKEUP: JESSICA WATSON FOR L'ORÉAL PARIS. T-SHIRT: CALVIN KLEIN. BELT: CALVIN KLEIN. JEANS: CALVIN KLEIN. WATCH: TAG HEUER. BRACELETS: CALVIN KLEIN. RINGS: CALVIN KLEIN.



NOW



HER RIBS ARE SHOWING

Jutting bones could be from a combo of weight loss and a tummy-tuck or laser treatment, speculates Dr. Calabria.

SEPTEMBER 2007

A HEALTHY SUMMER

At an estimated 120 pounds, Tara looked good and appeared to be finally happy with her figure.

