

PERKS UP EYES AND BROWS IN ONE

California-based plastic surgeon Dr. Richard Chaffoo has the solution for tired-looking eyes: a transblepharoplasty brow lift. The \$2,000-to-\$3,000 procedure lifts eye-brows with an absorbable implant (inserted via the same incision made to correct puffy or droopy upper eyelids) that holds tissue in place.

A FACE-LIFT — WITH JUST ONE STITCH!

Beverly Hills plastic surgeon Dr. Renato Calabria uses a method in which the patient's excess skin folds over fat tissue at the temporal lobe (by the ear). It requires just one stitch to close the area. The procedure (\$6,000 to \$8,000) tightens the face's contours while preventing the need for a more intense face-lift later on.

AN EASIER WAY TO LOSE A BELLY

Getting bikini-ready is now so much simpler thanks to Dr. Matthew Schulman's Smooth Tuck procedure — an \$8,000 combo of liposuction and excess-skin removal that's ideal for those with moderate to severe belly fat. Bonus: The recovery time is four to six weeks faster than with a traditional tummy tuck.

AN INSTANT WAY TO LIFT A BUTT

Forget implants to plump up a flat booty. NYC cosmetic surgeon Dr. Yan Trokel uses injectables in the upper quadrant of the rear for a well-lifted look. "It's perfect because it gives my patients instant results with no downtime," says Dr. Trokel about his up-to-\$6,000 signature procedure, which lasts as long as two years.

The hot new nips and tucks

It is possible to get *Hills* star Kristin Cavallari's flawless bod! From toe shortening to two-in-one procedures, here's what the docs are doing to achieve perfection

HOW TO PUT YOUR BEST FOOT FORWARD

To alleviate foot pain (or just look great in those new peeptoes), NYC podiatrist Dr. Oliver Zong suggests an up-to-\$2,000 toe-shortening procedure to make an out-of-place toe fit in. But that isn't the only price you'll pay — full recovery takes up to eight weeks. Plus, the surgery involves cutting and breaking the bone. Ouch!